

Eastern Ontario



26th Annual

Wednesday May 2 - Friday May 4
Held at Glen House Resort,
Gananoque, Ontario
Sponsored in part by the
Ontario Ministry of Health
& Long Term Care, AIDS Bureau



Eastern Ontario Opening Doors Conference
Glen House Resort Gananoque
May 2-4 2018
Responsible Behaviour Agreement

The Opening Doors Planning Committee is committed to creating and maintaining a safe environment for all participants. This includes people infected, people affected, service providers, hotel staff and volunteers. It includes you too!

We know that confidentiality, privacy and respect are important to everyone we work with. Here is a reminder of what we will expect from everyone. Please read this agreement, sign it and return it with your registration form.

I _____, agree to the following while participating at the 2018 Opening Doors Conference.

I agree to respect the rights, dignity and worth of others at the conference. This includes difference in experiences, ability, religion, race, gender, sexual identity, socioeconomic status and beliefs.

Confidentiality

Privacy and confidentiality are important rights for everyone. I agree not to discuss any personal or private information discussed or shared by others.

Participation

I agree to actively participate in the workshops and other activities offered at Opening Doors. I am aware that if I do not attend the workshops, I may be unable to attend future Opening Doors Conferences.

Substance Use

I understand that smoking is not permitted in my room or any indoor area at the resort & I agree to smoke in designated areas only. Smoking is not permitted on the balcony during the day.

I understand that harm reduction material is available and I agree to responsibly dispose of any material in a safe way.

I understand that there may be participants who choose not to engage in substance use. I will respect those who refrain from using alcohol, drugs or tobacco.

Acts of Abuse

Any type of verbal or physical violence towards conference participants or resort staff will not be tolerated. This includes:

1. Offensive language, gestures and actions
2. Physical, emotional, verbal and sexual abuse
3. Theft, damage or misuse of property belonging to other participants or the resort
4. Breach of confidentiality

Attendances

Only those who have pre-registered with the Opening Doors Conference Committee are allowed to attend workshops and enjoy accommodations and meals. The first day of the conference May 2nd, is **only** for people affected by HIV/AIDS (people living with HIV/AIDS and their partners and family). All other participants are to arrive on May 3rd. Anyone who is not personally affected by HIV/AIDS who arrives before the morning of the 4th, will be asked to leave and can return the next day only if registered.

Transportation (for anyone receiving assistance with transportation to and from the conference)

I understand that all above statements will also pertain to transportation to and from the conference. **There will be no alcohol or substance use permitted on the bus.**

Other

I understand that only service animal pets are allowed at the Opening Doors Conference.

Please note that this is a scent-free environment. All events are scent free.

Opening Doors Conference Committee members are available to answer questions and mediate any concerns that you may have during the conference. If you are in distress or have any concerns please see one of the committee members.

If, for any reason, you are not able to attend the conference, please inform a member of the Conference Committee as soon as possible and no later than **April 20th 2018**

Consent

I have read and agree to follow the above statements. *

Signature

Date

* **Failure to comply with this agreement may result in being asked to leave, at the discretion of the Opening Doors Conference Committee. This may jeopardize opportunities to attend future conferences.**

Eastern Ontario Opening Doors Registration- May 2-4th, 2018

CONTACT INFORMATION	
Name _____	Phone number _____
Address _____	City _____ Province _____
Postal Code _____	Email _____
Organization _____	
Is this your first Opening Doors Conference? _____	
To conserve paper and postage, would you prefer to be notified by Email for future Conferences? _____	

REGISTRATION FORM

Will you be attending?

Conference	Pre-conference	Both
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Hotel Reservations are based on double occupancy. Please indicate name of preferred roommate:

	<i>Or</i> No Accommodation Required
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IF YOU REQUIRE A SUBSIDY YOU MUST CONTACT JOHN MACTAVISH at 613-545-3698

Would you prefer a non-smoking roommate?	YES	NO
Would you like an alcohol/drug free room?	YES	NO
Do you require an accessible room? If yes, please indicate mobility or locale restrictions: Please Contact John MacTavish by phone if you require a single room	YES	NO
Do you require transportation? From where? _____	YES	NO
Do you require a childcare subsidy? (Please indicate how many children and their ages *Max. \$75 for families with children under 12*) Please contact John MacTavish if you have questions around childcare.	YES	NO
Please indicate any dietary restrictions (i.e. vegan, allergies)		
NEW Are you able to ride-share? If so, how many spaces and where are you coming from?	YES	NO

REGISTRATION INFORMATION: (please see notes on page 5 regarding registration process)

As we are limited to 150 people, all registration forms, responsibility agreement and payment arrangements (both conference and pre-conference) must be received no later than **April 13th 2018**. **Registration fee: \$75.00 per person.** Cheque payable to:

HIV/AIDS Regional Services

John MacTavish

**HIV/AIDS Regional Services 844A Princess St,
Kingston, Ontario K7L 1G5**

613.545.3698 1.800.565.2209 Fax: 613.545.9809

Credit Card: Mastercard or Visa

Card Number: _____

Expiry Date: _____

PRE-CONFERENCE- WEDNESDAY, May 2nd Name:

2:00pm – 2:45pm	Registration
3:00pm- 5:00 pm	Discussion Groups
5:30pm	Supper in Main Dining Room

CONFERENCE- THURSDAY, May 3rd

7:15 am – 8:30 am	Breakfast (for Wednesday night guests)	
8:30 am – 9:00 am	Registration	
9:00 am - 9:15 am	Opening Remarks: John MacTavish	
9:00 am – 11:00 am	<p>Opening Keynote: Molly Bannerman, the Director from WHAI WHAI is a community response to HIV and AIDS among cis and trans women in Ontario, with a focus on the structural and societal factors that increase risk factors for HIV. In 2016 WHAI conducted a province wide situational analysis looking at the context of HIV in communities, the lived experiences of those living with HIV and facing systemic risk for HIV acquisition, and relationships between organizations and community groups. Using findings from this process, we began to implement Collaborative Collective Impact work across Ontario with a focus on 7 key areas. These 7 areas are: HIV disclosure; stigma, discrimination and institutional violence; gender based violence; women and harm reduction; community and emotional wellness; economic security and health care centered on women’s needs and lived experiences. This session will provide an overview of WHAI, the situational analysis findings, and our use of the Collative Impact model to create collaborative and important change across Ontario.</p>	
11:30 am – 1:00 pm	Lunch in main Dining Room	1st and 2nd choice ↓
1:00 pm - 2:30 pm Concurrent Sessions	<p>1. Resilience (Allison Cope and Joanne Staples): Most of us already know how to be miserable. Many of us could easily teach a master class in misery. This workshop is not about sharing our miseries but rather how we get up and get on with it in spite of our burdens. You can expect an interactive workshop where we will cover topics that fall under the umbrella of resilience, such as distress tolerance, motivation/willingness to change , fortifying inner strengths, to name a few. Worksheets and doodling supplies will be provided.</p>	
	<p>2. Wampum Strings Workshop (Melissa and Kaylynn Maracle): For this craft project we will be discussing the history behind the Wampum Belts and what they are used for amongst our different cultures and nations. We will than commit ourselves to making our very own wampum belt for our conference and once we have completed our wampums we will than share why we chose the colours we chose and what our commitment strings represent to ourselves, and how we look at our past, present and future.</p>	
	<p>3. Medical Assistance in Dying (Maid) – John MacTavish: This workshop will look at the law in Canada which will include discussion on eligilbilty and what are the requirements that a person must meet. Will also include John’s personal story of MAiD.</p>	
	<p>4. Harm Reduction regarding Opiod Crisis (Travis Mitchell): This presentation will provide a local perspective of Canada’s Opiod Crisis, and how substance use trends have changed (and continue to change) since the delisting of OxyContin in 2012. Will discuss the various challenges that people who use substances face during an overdose situation and how changes to Canada’s Good Samaritan Law (Bill C-224) have attempted to bridge some of these enormous barriers. Overview of how to prevent, recognize, and respond to an opioid overdose with naloxone, and how to care for someone following an overdose. Discussing stigma and stereotypical understandings of addiction, and the underlying reasons why people use substances.</p>	
2:30pm – 3:00 pm	Break	1st and 2nd choice ↓

3:00 pm – 4:30 pm Concurrent session	5. Trauma Informed Counselling (Dr. Julie Darke): As you know, there tend to be high rates of trauma in the histories of those using the services of ASOs. This workshop will examine the principles of trauma-informed counselling with the focus on managing the current impact of trauma, not working with the traumatic material, per se.	
	6. HIV Transmission Risk through human milk (Dr. Lena Serghides): This workshop will look at issues regarding Infant feeding in the context of HIV. Does treatment eliminate the risk of HIV transmission through breast milk.	
	7. Youth Workshop (Kaylynne Maracle): “Health and Indigenous People” is a presentation discussing the health issues surrounding Indigenous People, particularly Indigenous youth within Canada. We will focus on 4 major health areas, beginning with issues that may arise with obesity such as heart problems, and organ failures. Secondly, the focus will be on birth defects with high populations in Indigenous people such as Fetal Alcohol Syndrome. Next is sexual health, Sexually Transmitted Infections, prevention, and treatment methods. Fourth is mental health and its effects on the person, community, and populations of Indigenous people. This is an informative presentation with the openness of questions and discussion, there will also be a fun activity that will surely bring smiles, laughter, and fun! Niawen Kowa, Thank you.	
	8. Turning 65? Government Income and Benefits Overview (Jill McNall): This workshop will give an overview of government income and benefits for people turning 65. It will include the Canada Pension Plan, Old Age Security, Guaranteed Income Supplement, Ontario Drug Benefit program and Ontario Disability Support Program Extended Health Benefit.	
5:00 pm – 5:30 pm	Acknowledging our Losses - An opportunity to remember those who we have lost	
6:00 pm – 7:30 pm	Dinner in Main Dining Room	
7:30 pm		
8:30pm – 12:00 am	Dance- DJ Crazy Alex	

CONFERENCE- FRIDAY, May 4th

7:15 am – 8:30 am	Breakfast	
8:30 am – 9:00 am	Registration	1st and 2nd choice ↓
9:00 am - 10:30 am Concurrent Sessions	9. Motivational Interviewing (Gilles Charette): M.I. is a client-centered tool for making lifestyle and behaviour changes. Key principles and basic M.I. techniques to improve listening and communication skills for working with individuals will be covered.	
	10. PHA Panel over 70 (Brigitte Charbonneau, Dave Stinson, Dean Steenburgh): An informal conversation between individuals in their 70s discussing the challenges and good things about their lives.	
	11. Public Health Response: This workshop will explore the role of Public Health in collaborating with community partners to create supportive environments to promote healthy sexual practices and harm reduction programs and services for priority populations.	
	12. Black Health and HIV Workshop ((Taib Boyce, Tyler Boyce): (Bilingual workshop) The workshop will focus on the lived experience of black communities in Canadian society. Applying an intersectional approach the presenters will explore how the experience of black communities impacts access to healthcare services and the prevalence of HIV. There will be a question and answer portion where participants are encouraged to ask questions and share thoughts. L'atelier portera sur l'expérience vécue des communautés noires dans la société canadienne. En appliquant une approche intersectionnelle, les présentateurs exploreront comment l'expérience des communautés noires influence l'accès aux services de santé et la prévalence du VIH. Il y aura une période de questions et réponses où les participants sont encouragés à poser des questions et à partager leurs réflexions. Security, Guaranteed Income Supplement,	
10:30 am - 11 am	Break and Checkout	

11:00 am – 12:00 pm	Closing Keynote: Yvette Perreault Impact Debriefing: Using our experience of loss in HIV/AIDS to Support a Community dealing with Opioid Overdoses.
12:00 pm – 1:00 pm	Lunch Followed by the Bus to Ottawa 1:30pm

OPENING DOORS

As our understanding of HIV continues to increase so do the challenges with which we are faced. Opening Doors is designed to provide opportunities for education, support and networking, Let’s get together to talk and listen. Let’s work together to break down the barriers of stigma and isolation. We can work to open new doors and close old ones. No one can do it alone, so let’s challenge the issues together.

WHO SHOULD ATTEND

- People living with HIV
- Front Line Workers
- Caregivers
- Volunteers
- Partners
- Families
- Friends

There is a maximum of 4 representatives per agency. If spaces are available after the closing date, agencies may request additional representatives.

NOTES

- Space will be available for those wishing to participate in ad hoc discussion groups during the evening.
- Breakfast tickets will be provided in the conference package. If you are not an overnight guest and wish to purchase breakfast tickets, please see John MacTavish.
- If you are only able to attend 1 day or session, please contact John MacTavish
- **This is a scent-free conference.** Please refrain from wearing Perfumes, colognes, aftershave and scented deodorants as they can cause serious problems to some participants.
- A Resource room will be available to display pamphlets, etc. Please bring information from your organization (s).
- Please remember to bring a bathing suit as there is a pool and hot tub on site. There is an exercise room and games room as well.
- Harm reduction materials will be available
- Evening snacks are **NOT** provided. If you are diabetic please bring suitable snacks.
- The Resort is smoke free. Smoking in rooms is prohibited and will result in a cleaning charge of \$250 to room occupant.

*** In the event that John is unavailable, please contact Joanne Staples (joanneS@kingston.net) or call the above number) to leave a message for John. Please note: Joanne is not able to make decisions around subsidies, travel or special accommodations. All messages will be passed on to John who will contact you as soon as possible.***

FOR LOGISTICAL PURPOSES ALL FORMS MUST BE SENT TO JOHN MACTAVISH AND CAN NO LONGER BE DROPPED OFF AT ACO

Faxes and emails will be accepted for registration, but please contact Joanne or John to make payment arrangements. If emailing, please send to John MacTavish hars@kingston.net or Joanne Staples joanneS@kingston.net. Registration fees include accommodation, meals, nutrition breaks and workshops. For individuals coming from an agency please send in your registration and make a note that a cheque will be forwarded from your agency.

NO REFUNDS AFTER April 20th, 2018.

Please note: The pre-conference is for those infected and personally affected by HIV only. If you will be present Wednesday evening but not attending a group discussion, you will be responsible for your own accommodation and meal expenses. If this is the case please contact John MacTavish to ensure accommodations can be arranged.

Opening Doors cannot accommodate children. A small subsidy may be provided for off-site child-care for those wishing to attend the conference. (*Max. \$75 for families with children under 12*)

Please contact John MacTavish if you have questions around childcare.

Based on need, transportation may be provided. Please contact us by **April 20th, 2018.**

Due to very limited funding, both the transportation service and child-care subsidies are only available to those infected and personally affected by HIV.

All confirmed registrants will receive notification after **April 20th, 2018.**

Please note a great deal of effort goes into the Opening Doors conference by both the planning committee and presenters. Kindly show your appreciation by attending all workshops you signed up for.